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Asian America since 1945

Final Project

I plan to write a book (I’ve started it already) about being a ethnic minority youth in the United States. This book will both be a self-help guide as well as a series of personal essays and advice about how deal with different parts of life. The first part will lead you to recognize who you are, focus on your past problems as well as solutions. It will lead you to explore yourself as a youth and an ethnic minority. You will have to ask yourself crucial questions and think of answers. The second part of the book will deal with your family. It will show you how to use your family as a spiritual and cultural post with which you can grow and learn. My book will emphasize practicality and offer suggestions about how to deal with various issues pertaining to being an ethnic minority. The Third part of the book will deal with being actively involved in your school, community and broader world. How can ethnic minority youth make a difference? How can they overcome difficulties and learn to be proactive? How can ethnic minority youth be cultural and American at the same time? e.g. How can they maintain their spirituality, ethnic identity and cultural background and still eat French fries, wear baseball caps and forget their parent’s mother tongue? My book will help Asian Americans deal with dilemmas about being “not completely” American and “not completely” ethnic. It’ll be a guide for the outside world as well as for one’s soul.